

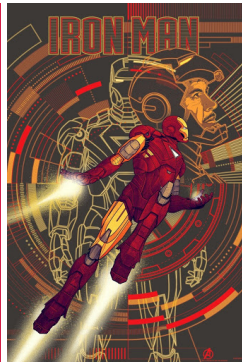
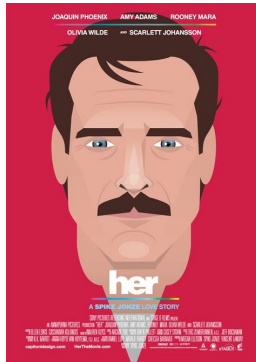
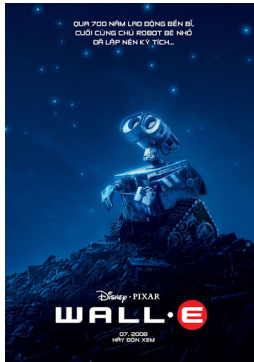
Humans of AI

Modeling Humans for Designing Effective Collaborative AI Systems

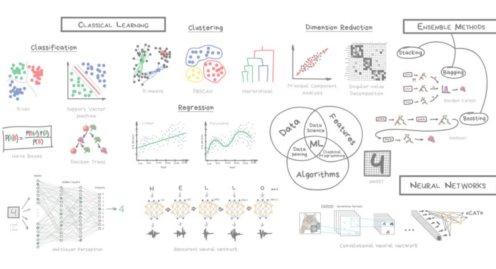
Shiwali Mohan

February 24, 2021

Senior Member of Research Staff, Palo Alto Research Center



Intelligent collaborators:
 independent, long-living entities with
 goal-driven, problem-solving behavior who
 interact and communicate with humans
 learning from their experience



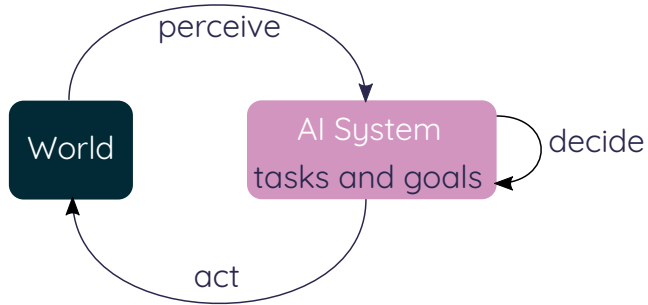
than SOTA on a task-agnostic metric.

Will algorithmic research by itself will lead to intelligent collaborators?

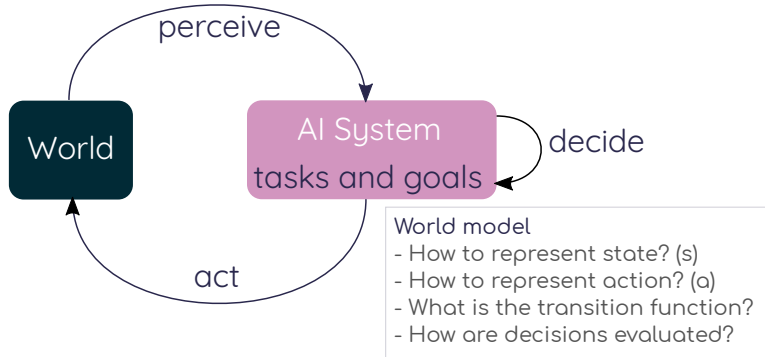
AI Systems Research: Allen Newell, John Laird, Ken Forbus, Yolanda Gil, Ashok Goel, Milind Tambe, and several others

Unified Theories of Cognition: from models to architecture

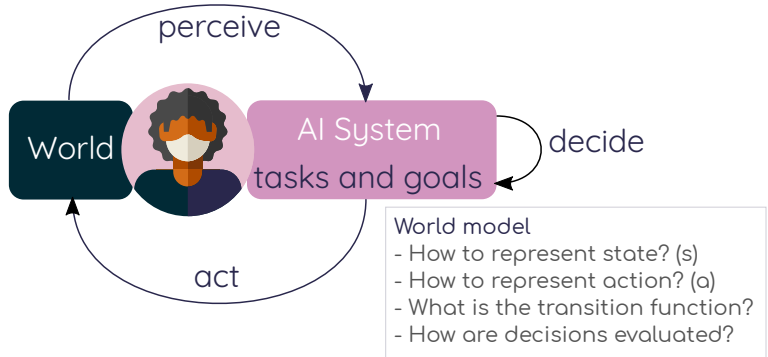
AI as a System View



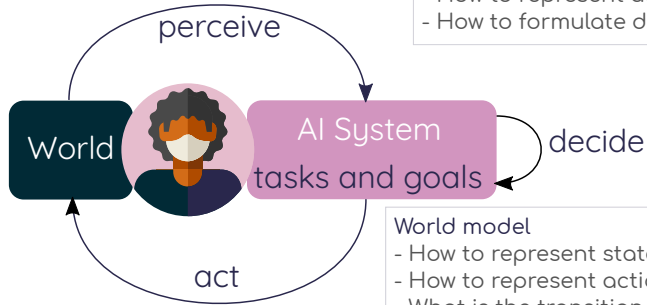
AI as a System View



AI as a System View



AI as a System View



Human model?

- How to represent state?
- How to represent action?
- How to formulate decisions?

World model

- How to represent state? (s)
- How to represent action? (a)
- What is the transition function?
- How are decisions evaluated?

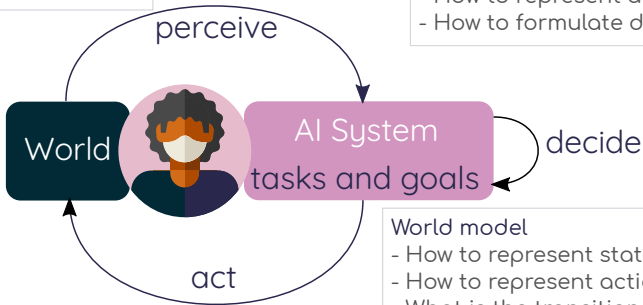
AI as a System View

Artificial Intelligence Journal 2018

Albrecht, S. V., & Stone, P. 2018. *Autonomous Agents Modelling Other Agents: A Comprehensive Survey and Open Problems*. Artificial Intelligence, 258, 66-95.

Human model?

- How to represent state?
- How to represent action?
- How to formulate decisions?



AAAI Presidential Address 2018

Khambhampat, S. 2018. *Challenges of Human-Aware AI Systems*

World model

- How to represent state? (s)
- How to represent action? (a)
- What is the transition function?
- How are decisions evaluated?

How do we build intelligent collaborators?

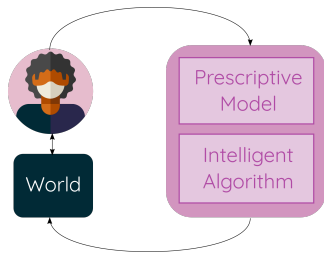
- that are designed to **support** the goals of a **human partner**
- that **model the human partner** explicitly
- that have **effective performance** on human tasks

user programmable robots, augmented reality task assistant, mHealth, sustainable communities



A Constrained Approach

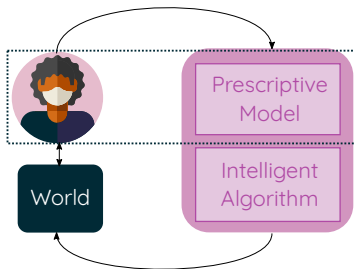
1. Define a **real-world** problem where **success** crucially depends on **modeling the human collaborator**
2. Develop **human-centered** desiderata, metrics, and evaluation
3. Design **prescriptive** models from insights of **human-centered sciences**
 - Indexical Model (Glenberg and Robertson 1999) is not computational
 - Choice theory (Tversky and Kahnemann 1987) is descriptive
4. Adapt **AI algorithms** to work in **collaborative settings**
 - Human-centered sciences provide useful desiderata for system behavior
5. Embody in **end-to-end interactive systems**, demonstrate efficacy
6. Refine and iterate



Collaborative Human-AI System

1. Why collaborative human-AI systems?
2. Sustainable transportation: modeling the human collaborator
3. Interactive task learning: designing AI systems for collaborative settings
4. Health behavior change: evaluating intelligent collaborators in ecological settings
5. Humans of AI: A Research Agenda

Sustainable Transportation



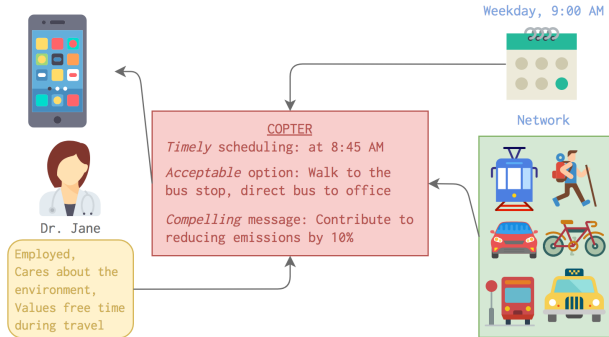
Energy Consumption in Transportation

- Transportation is one of the largest consumers of energy - 29% of energy in US in 2016
- It is far from efficient - both under and over utilization of networks
- Congestion wastes 6.1 billion hours and 3.1 billion gallons fuel per year (Schrang et al. 2015)
- ARPA-E TransNet: energy efficient transportation is an important technology and policy problem
- Success depends on understanding how humans are influenced



David Schrank, Bill Eisele, Tim Lomax, & Jim Bak. 2015 *Urban Mobility Scorecard*. Annual Urban Mobility Scorecard (2015)

The Influence Problem



Shiwali Mohan, Hesham Rakha, and Matt Klenk. *Acceptable Planning: Influencing Individual Behavior to Reduce Transportation Energy Expenditure of a City*. Journal of Artificial Intelligence Research 66 (2019)

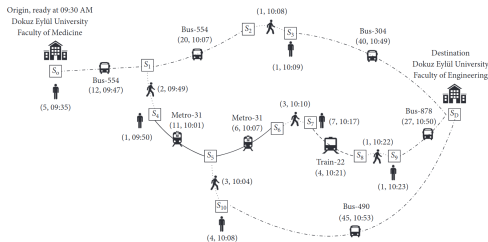
Shiwali Mohan, Frances Yan, Victoria Bellotti, Ahmed Elbery, Hesham Rakha, and Matt Klenk. *On Influencing Individual Behavior for Reducing Transportation Energy Expenditure in a Large Population*. Proceedings of the 2019 AAAI/ACM Conference on AI, Ethics, and Society. (2019)

Shiwali Mohan, Matt Klenk, and Victoria Bellotti. *Exploring How to Personalize Travel Mode Recommendations For Urban Transportation*. ACM Intelligent User Interfaces Workshops'19, (2019)

Multi-modal Transportation Planning

AI planning theory; Bast et al. (2016), Dvorak et al. (2018)

- Multiple edges between nodes
 - $G = (V, E), |b| : E \rightarrow \Sigma$
- Regular expression language for plausible plans for every user
 - $L(u) = w * (d + |b+)|w*$
- Solve $\pi^* = \arg \min_{\pi \in \Pi} \sum_{e \in \pi} \text{cost}(e_i)$
 - cost as a function of energy, money, and duration



Filip Dvorak, **Shiwali Mohan**, Victoria Bellotti, and Matthew Klenk. *Collaborative Optimization and Planning for Transportation Energy Reduction*. In ICAPS Proceedings of the 6th Workshop on Distributed and Multi-Agent Planning (2018).

Bast, H.; Delling, D.; Goldberg, A.; Müller-Hannemann, M.; Pajor, T.; Sanders, P.; Wagner, D.; and Werneck, R. F. *Route Planning in Transportation Networks*. In Algorithm Engineering. (2016)

Understanding Choice

Rational choice theory from behavioral economics; Domencich & McFadden (1975), Tversky and Kahnemann (1985)

- Determine a set of available alternatives
 - car, walking, bus, train
- Evaluate utility using attributes relevant to the decision
 - mode dependent: cost, distance, time
 - person dependent: income, education

$$\text{val}(x_i, p) = \gamma_1 \times x_{i1} + \dots + \gamma_k \times x_{ik} + \lambda_1 \times f_{p1} + \dots + \lambda_l \times f_{pl}$$

- Probabilistic utility maximization; multinomial logit assumption

$$\text{Pr}(i, p) = \frac{e^{\text{val}(x_i, f_p)}}{\sum_{j \in C} e^{\text{val}(x_j, f_p)}}$$

Amos Tversky & Daniel Kahneman. *Rational Choice and the Framing of Decisions*. Journal of Business. (1986)

Domencich, T. A., & McFadden, D. Urban Travel Demand - A Behavioral Analysis. Transport and Road Research Laboratory (1975)

Defining Acceptability

- Dr. Jane's **utility of usual** route, $\text{val}(x_u, f_p)$
- Dr. Jane's **utility of recommended** route, $\text{val}(x_r, f_p)$
- Dr. Jane's switching cost (- **switching gain**)
- **Higher switching** gain, **more acceptable** plan, better adoption

$$\frac{e^{\text{val}(x_u, f_p)}}{e^{\text{val}(x_r, f_p)}} = \frac{\text{Pr}(u, p)}{\text{Pr}(r, p)}$$

$$e^{\text{val}(x_u, f_p) - \text{val}(x_r, f_p)} = \frac{\text{Pr}(u, p)}{\text{Pr}(r, p)}$$

$$\Delta_{u,r} = \text{val}(x_u, f_p) - \text{val}(x_r, f_p) = \ln \frac{\text{Pr}(u, p)}{\text{Pr}(r, p)}$$

$$\Delta_{r,u} = -\Delta_{u,r} = \ln \frac{\text{Pr}(r, p)}{\text{Pr}(u, p)}$$

Estimating Acceptability

Machine learning methods; random forest and multi-layer perceptron

- **Problem:** multi-class prediction
- **Dataset:** trip data (CHTS) from CalTrans 2012 - 2012
- **Features:** trip related (distance), person-related (demographics), network-related (transit pass, license), experience (bike trips in the past week)
- **Hypothesis:** Dr. Jane's utility function is close to others' who are similar to

Table 1: F1 scores on 20% test set

Mode	Baseline 1	Baseline 2	RF	MLP
Walk	0.00	0.12	0.82*	0.62
Cycle	0.00	0.00	0.81*	0.28
Bus	0.00	0.02	0.78*	0.38
Subway/train	0.00	0.00	0.58*	0.05
Drive	0.72	0.56	0.93*	0.86
Ride	0.00	0.28	0.84*	0.65
Motorcycle	0.00	0.00	0.80*	0.00
Total	0.68	0.40	0.88*	0.74
Category				
Non-motorized	0.00	0.05	0.83*	0.60
Public transit	0.00	0.14	0.79*	0.43
Motorized	0.90	0.82	0.97*	0.93
Total	0.68	0.70	0.94*	0.86

Evaluating Acceptability

Stated preference choice experiments from behavioral economics

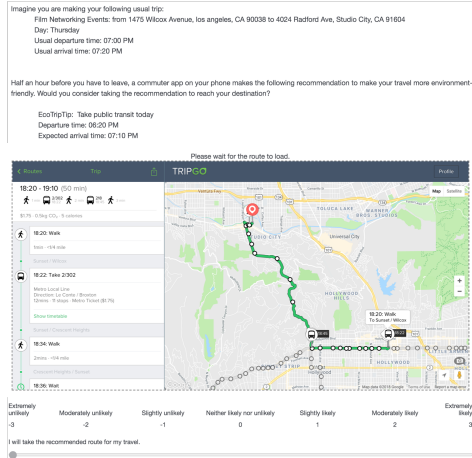
49 (27 female, 22 male) drivers in LA

1. Profiler survey:

- Classifier features
- Regular weekly trips

2. Choice experiments

- 10 per participant



Johnston, R. J., Boyle, K. J., Adamowicz, W., Bennett, J., Brouwer, R., Cameron, T. A., . . . Scarpa, R., et al. *Contemporary Guidance for Stated Preference Studies*. Journal of the Association of Environmental and Resource Economists (2017)

Modeling Impact of Acceptability on Adoption

Mixed-effects **linear** for **ordinal** adoption

$$y = \alpha + \beta x + \gamma z + \epsilon$$

Mixed-effects **logit** for **binary** adoption

$$\Pr(y) = 1/(1 + e^{-(\alpha + \beta x + \gamma z + \epsilon)})$$

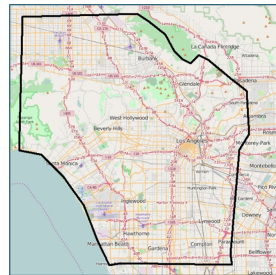
Dependent variables→ Independent variables↓	Adoption (ordinal)	Adoption (binary)
(intercept)	-0.017	-0.185
switching gain, $\Delta_{r,u}$	0.108*	0.104*
R^2_m	0.034	0.035
R^2_c	0.347	0.270
(intercept)	-0.949	-1.065
odds, $e^{\Delta_{r,u}}$	2.386***	2.159*
R^2_m	0.075	0.064
R^2_c	0.379	0.300
(intercept)	-0.964	-1.080
probability, $\Pr(r, p)$	3.623***	3.317*
R^2_m	0.066	0.058
R^2_c	0.369	0.293

Acceptable Planning

1. Generate a mode candidate set for Dr. Jane; $M = \{\text{walk}(w), \text{bus}(b), \text{subway}(s)\}$.
2. Determine regex language for valid plans; $L_p = \{w^*, w * b + w^*, w * s + w^*\}$
3. Generate the most time-efficient plan for each element; Π_p .
4. Compute the energy reduction in each plan using energy models (Elbery et al 2018)
5. Evaluate the likelihood of adoption
6. Select a plan that has maximal expected energy savings

Potential Impact of Acceptable Planning

- **Agent-based models** from complexity sciences
 - LA transportation network: 170,000 roadway links, 1 million daily trips
 - State-of-the-art simulation model of the LA region (Elbery et al. 2018)
- **Influence experiment**: 10% influenced population
- **Expected outcome**: 4% energy and 20% time savings in LA, mode shift in influenced population



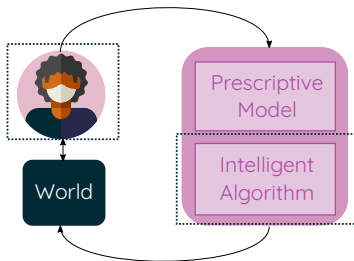
AM (7am-12pm)	Baseline	Influence	Change (CI)
Total Fuel (l)	3,195,637	3,048,278	-4.6% (-3.6% -5.6%)
Total Delay (hr)	249,221	199,395	-20% (-13.6% -26.4%)
PM (4pm-9pm)	Baseline	Influence	Change (CI)
Total Fuel (l)	3,487,982	3,367,675	-3.5% (-2.6% -4.3%)
Total Delay (hr)	375,137	322,228	-14.1% (-10% -18%)

Mode	AM Share	PM Share
Car	54%	53%
Walk	42.7%	42.8%
Bike	3.6%	3.8%
Bus	38.9%	39.1%
Train	14.4%	14%

Publications

1. **Shiwali Mohan**, Hesham Rakha, and Matt Klenk. *Acceptable Planning: Influencing Individual Behavior to Reduce Transportation Energy Expenditure of a City*. Journal of Artificial Intelligence Research 66 (2019)
2. **Shiwali Mohan**, Matthew Klenk, and Victoria Bellotti. *Exploring How to Personalize Travel Mode Recommendations For Urban Transportation.*” IUI Workshops (2019)
3. **Shiwali Mohan**, Frances Yan, Victoria Bellotti, Ahmed Elbery, Hesham Rakha, Matt Klenk *On Influencing Individual Behavior for Reducing Transportation Energy Expenditure in a Large Population*. Proceedings of the 2019 AAAI/ACM Conference on AI, Ethics, and Society (2019)
4. Filip Dvorak, **Shiwali Mohan**, Victoria Bellotti, Matt Klenk. *Collaborative Optimization and Planning for Transportation Energy Reduction*. ICAPS Proceedings of the 6th Workshop on Distributed and Multi-Agent Systems (2018)
5. Matt Klenk, Victoria Bellotti, Filip Dvorak and **Shiwali Mohan**. Palo Alto Research Center Inc, 2021. *Generating Collaboratively Optimal Transport Plans*. U.S. Patent 10,885,783.
6. Matt Klenk, Victoria Bellotti, and **Shiwali Mohan**. Palo Alto Research Center Inc, 2020. *User Behavior Influence in Transportation Systems*. U.S. Patent Application 16/181,152.

Interactive Task Learning



Deployment in Dynamic Environments



- AI designers cannot predict all deployment usecases
- AI should be designed to enable non-expert human programming
- Success depends on understanding how do humans teach and learn

Interactive Task Learning - ESF 2017

Machine learning: Tom Mitchell

Cognitive architectures: John Laird, Ken Forbus,
Christian LeBiere, Paul Rosenbloom, Shiwali Mohan

Robotics: Andrea Thomaz, Julie Shah, Maya
Cakmak, Peter Stone, Matthias Scheutz

Psychology: Ken Koedinger, Suzanne Stevenson,
Andrea Stocco, Peter Piroli

Computational Linguistics: Joyce Chai, Parisa
Kordjamshidi, Candy Sidner

Interactive Task Learning

Humans, Robots, and Agents Acquiring
New Tasks through Natural Interactions



edited by Kevin A. Gluck and John E. Laird



ERNST STRÜNGMANN FORUM

ITL is a Different Paradigm

Classical machine learning

- Batch: dataset -> model
- Phased: training -> testing
- Passive: learn when asked
- Big data
- Data: confounding

Interactive learning

- Incremental: experience -> knowledge
- Online
- Active: learn when failed
- Small data
- Teacher: benevolent

Ishaan

Soar Family of ITL Systems

Built with Soar (Laird 2012); enhanced with computer vision and control. **Michigan Rosie** - <http://soargroup.github.io/rosie/>

- 2012 First demonstration of Rosie an **end-to-end interactive learning** system. **Mohan** et al. ACS 2012.
- 2013 **Cognitively plausible** model of learning from instruction. **Mohan** et al. ICCM 2013.
- 2014 Defined **indexical language** comprehension for embodied agents. **Mohan** et al. ACS 2014
- 2014 First demonstration of **interactive explanation-based learning** for robots. **Mohan** and Laird AAAI 2014.
- 2014 Rosie learns over **10 table-top games** from interactions. Kirk and Laird 2014, Kirk, Mininger, and Laird 2016.
- 2016 Rosie learns with **perceptual uncertainty**. Mininger and Laird ACS 2016.
- 2017 Interactive Task Learning defined at the **Ernst Strungmann Forum**. Laird et al. IEEE Intelligent Systems 2017.
- 2018 First demonstration of learning **goal-oriented** and **procedural tasks** with interactive EBL. Mininger and Laird AAAI 2018
- 2018 Learning Fast and Slow: Levels of Learning in General Autonomous Intelligent Agents. Laird and **Mohan** AAAI 2018 (**Blue Sky Award**)
- 2018 Interactive Task Learning, **MIT Press**. Gluck and Laird, 2018.
- 2019 Rosie learns over **40 table-top games** from interactions. Kirk and Laird IJCAI 2019
- 2020 First demonstration of joint concept and language learning with **analogical processing**. **Mohan** et al. ACS 2020
- 2021 First **observational analysis** of human teaching. Ramaraj et al. [arXiv preprint arXiv:2102.06755]

Embodied Language Processing

DARPA GAILA: Where does **meaning** come from?

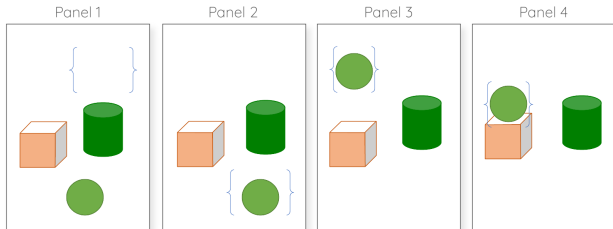
- NLP (BERT, GPT) derives meaning from statistical patterns in word usage
- GLP (VQA task) derives meaning from paired visual/linguistic stimuli

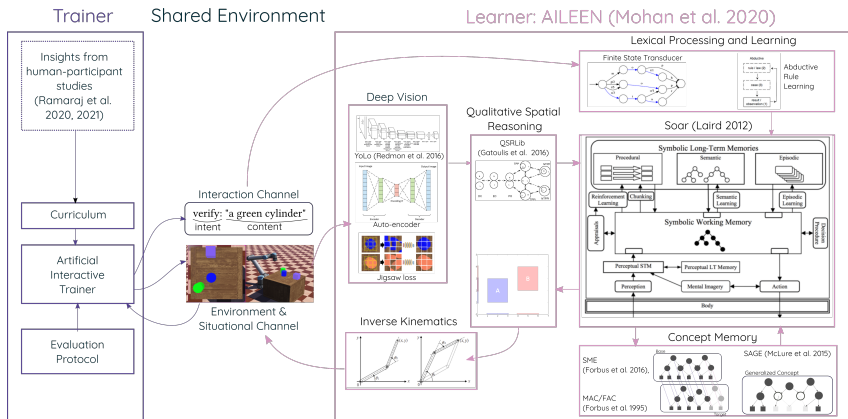
The **Indexical Hypothesis** (Glenberg and Robertson, Discourse Processes 1999)

Language - a mechanism to guide attention to relevant seen and unseen elements on the environment and compose them for useful action.

The **Indexical Model of Comprehension** (Mohan et al. ACS 2014); Similar in philosophy to DMAP (Livingston and Reisbeck 2009)

“Move the green sphere onto the red cube.”



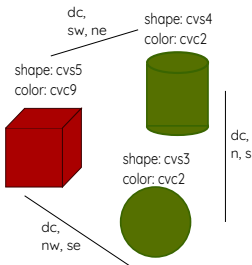


Shiwali Mohan, Matt Klenk, Matthew Shreve, Kent Evans, Aaron Ang, John Maxwell. *Characterizing an Analogical Concept Memory for Newellian Cognitive Architectures*. Proceedings of the Eighth Annual Conference on Advances in Cognitive Systems (ACS). 2020

Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube



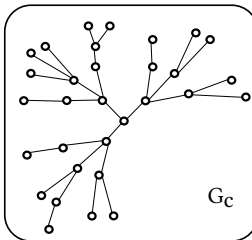
Lexical Processing

name -> sphere, cube, cylinder
prop -> red, green
obj-ref -> prop* name

Soar

Working Memory

Scene Graph



G_C

Problem Space

comprehend

interpret

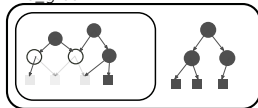
obj-ref("green sphere")
name("sphere")

Concept Memory Ops

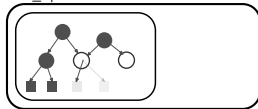
isa ?o c_sphere
| G_C , E_C_sphere

Concept Memory

E_C_green



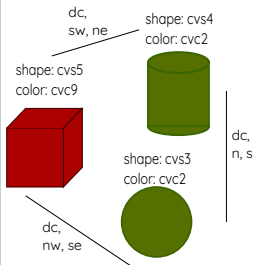
E_C_sphere



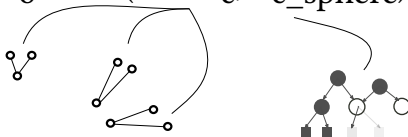
Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube



$$M_O = \text{sim}(o \text{ in } G_C, E_{C_sphere})$$



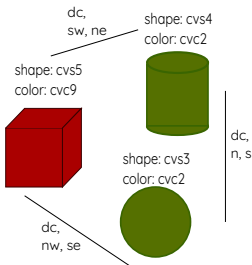
if $M_O > t$, assert(G_C , o isa c_sphere)

Forbus, K. D., Ferguson, R. W., Lovett, A., & Gentner, D. (2017).
Extending SME to Handle Large-Scale Cognitive Modeling.
Cognitive Science, 41, 1152–1201

Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube

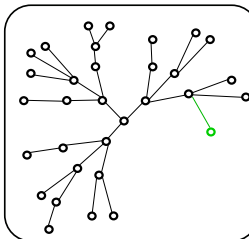


Lexical Processing

name -> sphere, cube, cylinder
prop -> red, green
obj-ref -> prop* name

Working Memory

Scene Graph



Problem Space

comprehend

interpret

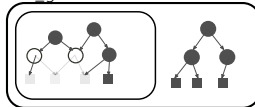
obj-ref("green sphere")
name("sphere")

Concept Memory Ops

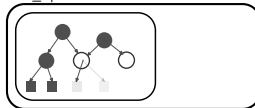
isa ?o c_sphere
| G_C, E_C_sphere

Concept Memory

E_C_green



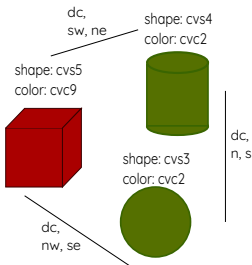
E_C_sphere



Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube

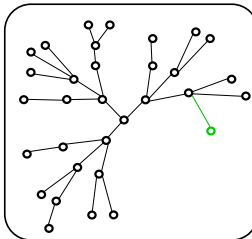


Lexical Processing

name -> sphere, cube, cylinder
prop -> red, green
obj-ref -> prop* name
abduce (action-word -> "move")
action-ref -> action-word np config np)

Working Memory

Scene Graph



Problem Space

comprehend

interpret

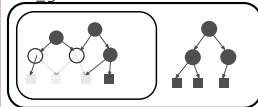
act-ref("move...")
act-word("move")

Concept Memory Ops

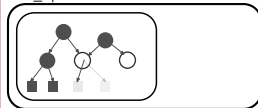
FAIL

Concept Memory

E_c _green



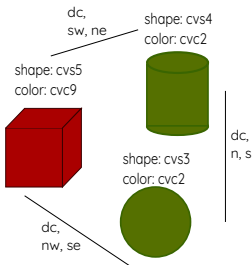
E_c _sphere



Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube

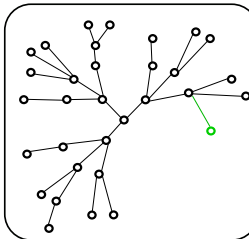


Lexical Processing

name -> sphere, cube, cylinder
prop -> red, green
obj-ref -> prop* name
abduce (action-word -> "move"
action-ref -> action-word np config np)

Working Memory

Scene Graph



Problem Space

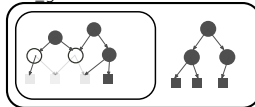
learn
from-demo-trace

Concept Memory Ops

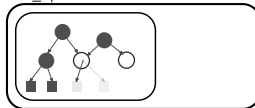
isa T_{c,c_move}
store (T_c ,
 E_{c_sphere})

Concept Memory

E_{c_green}



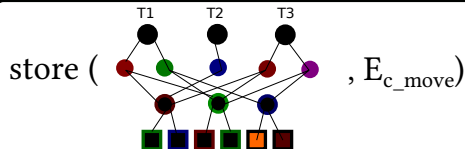
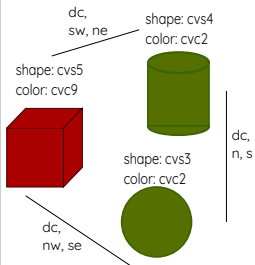
E_{c_sphere}



Interactive Concept Learning

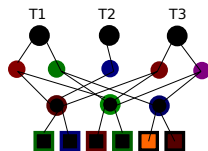
Shared Environment

move green sphere
on(to) red cube



Concept Memory

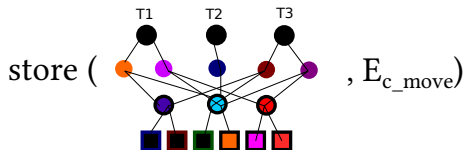
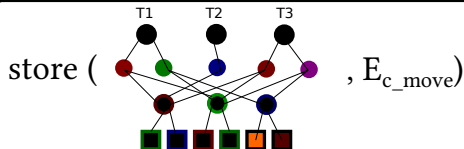
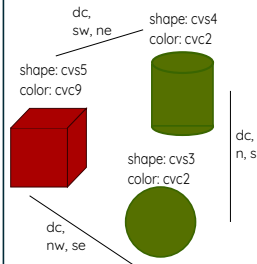
E_{c_move}



Interactive Concept Learning

Shared Environment

move green sphere
on(to) red cube

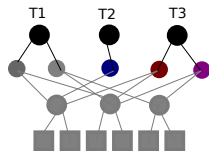
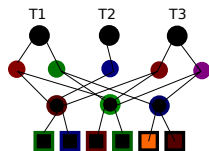


SAGE

McLure, M. D., Friedman, S. E., & Forbus, K. D. (2015).
Extending Analogical Generalization with Near-Misses.
Twenty-Ninth AAAI Conference on Artificial Intelligence

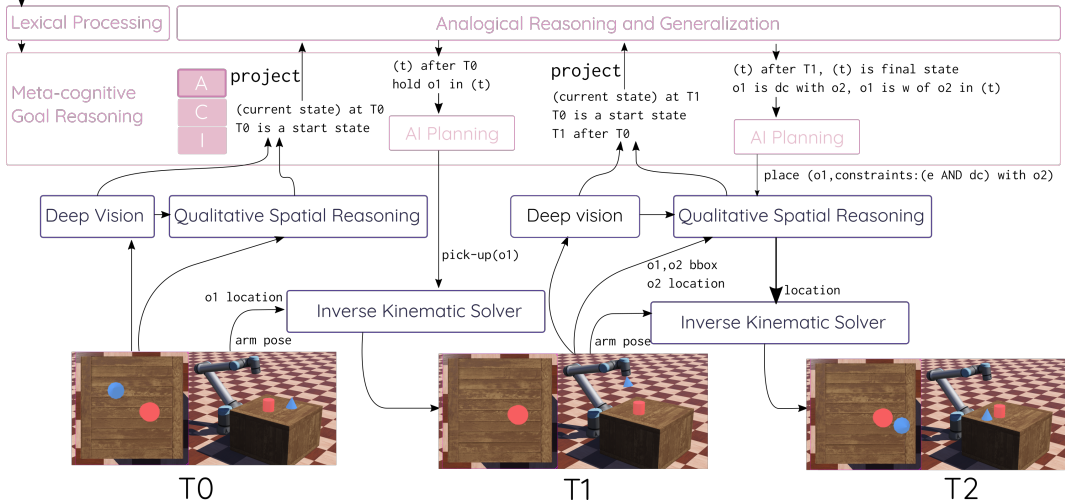
Concept Memory

E_{c_move}



A Neuro-Cognitive Architecture

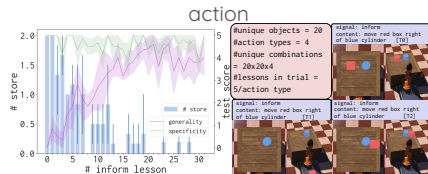
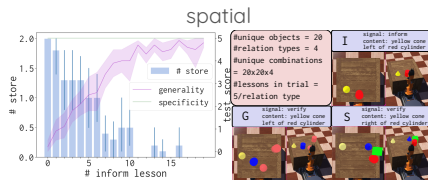
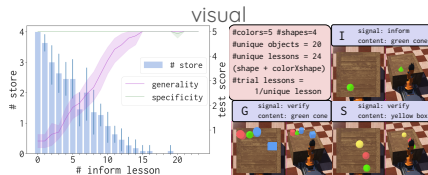
react: *move the blue cone right of the red cylinder*



Evaluating Interactive Concept Learning

- Evaluating online, interactive, learning systems is a **challenge**
- **New experimental scheme** inspired by reinforcement learning
- A **trial**: N lessons of [inform, generality exam, specificity exam]
- Results:
 - Can learn a **diverse** types of concepts (and language)
 - Learns **quickly**, generalizes rapidly
 - Is **smart** about when to learn

Shiwali Mohan, Matt Klenk, Matthew Shreve, Kent Evans, Aaron Ang, John Maxwell. *Characterizing an Analogical Concept Memory for Newellian Cognitive Architectures*. Proceedings of the Eighth Annual Conference on Advances in Cognitive Systems (ACS). 2020



Demonstration

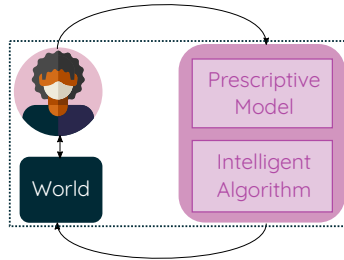
Joint Language, Concept, and Task Learning

Publications

1. Preeti Ramaraj, Charlie Ortiz, Matt Klenk, **Shiwali Mohan**. *Unpacking Human Teachers' Intentions for Natural Interactive Task Learning*. [arXiv preprint arXiv:2102.06755]
2. **Shiwali Mohan**, Matt Klenk, Matthew Shreve, Kent Evans, Aaron Ang, John Maxwell. *Characterizing an Analogical Concept Memory for Architectures Implementing the Common Model of Cognition*. In the Proceedings of the Eighth Annual Conference on Advances in Cognitive Systems (ACS). 2020
3. John Laird and **Shiwali Mohan**. *Learning Fast and Slow: Levels of Learning in General Autonomous Intelligent Agents*. In Proceedings of the Thirty-Second AAAI Conference on Artificial Intelligence (AAAI/Blue Sky Award). 2018.

More at <http://soargroup.github.io/rosie/>

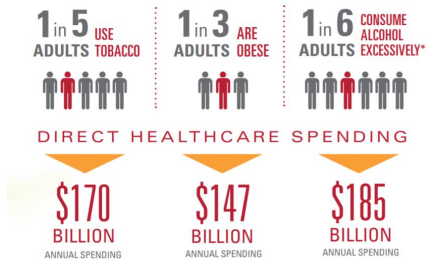
Health Behavior Change



Healthcare Costs from Unhealthy Behaviors

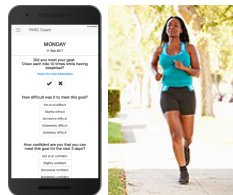
- Behaviors rooted in sedentary lifestyles imposes major costs on healthcare
- NSF/NIH Smart and Connected Health: healthy behaviors is a critical **technology** and **society** problem
- Success depends on understanding **how do humans learn new behaviors**

UNHEALTHY BEHAVIORS CONTRIBUTE TO HIGH HEALTHCARE COSTS

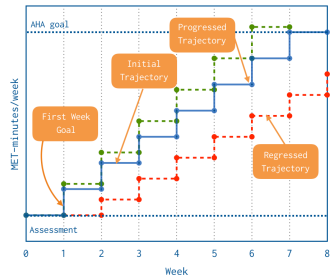


Interactive Coaching Agent for Walking

- Motivation
 - Individual coaching is highly effective
 - Mobile computing devices are pervasive
- Design goal
 - AHA recommended - 30 minutes of moderate activity 5 times a week
- Computational Approach
 - **Prescriptive** model from **physical therapists** guidelines (Bushman 2014)
 - **Heuristics scheduling** to design adaptive goal setting based on **goal setting theory** (Shilts and Townsend 2000)



User's Weekly Goal Trajectory



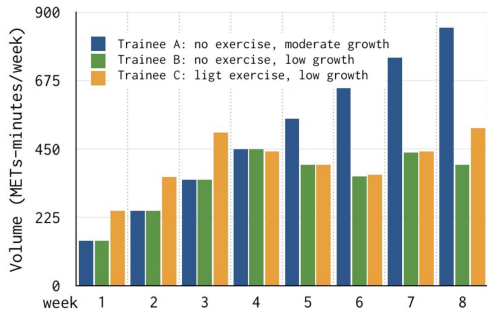
Evaluating an Interactive Coaching Agent

1. Is the AI system's behavior **productive** and **beneficial**?
2. Can humans trainees provide **relevant information** to the AI system?
 - Novel exercise goals interface
 - Interactive measurement of rate of perceived exertion (RPE), self-efficacy
3. Is the AI system **effective** in promoting regular walking?

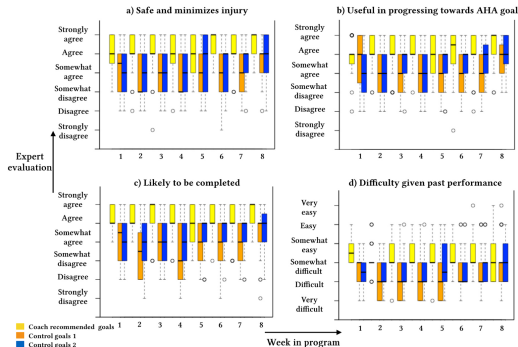
Shiwali Mohan, Anusha Venkatakrishnan, Andrea Hartzler. *Designing an AI Health Coach and Studying its Utility in Promoting Regular Aerobic Exercise*. In ACM Transactions on Interactive Intelligent Systems. 2020

Is It Productive?

1. Is it adaptive?



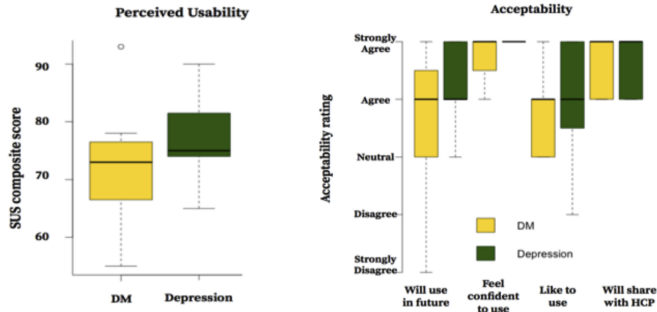
2. Do it experts agree with it?



Shiwali Mohan, Anusha Venkatakrishnan, Michael Silva, and Peter Pirolli. *On Designing a Social Coach to Promote Regular Aerobic Exercise*. In the Proceedings of the 29th IAAI/AAAI. 2017

Do Human Trainees Understand It?

8 participants managing diabetes, 7 managing depression. Participants' perception of adaptive goal setting : could provide users with **control** (P9), **help you take responsibility** (P1), with **more choice** (P7), and **allow you to set goals that you can strive for** (P8).



Andrea Hartzler*, Anusha Venkatakrishnan*, **Shiwali Mohan**, Paula Lozano, James D Ralston, ..., Les Nelson, Peter Pirolli. *Acceptability of a Team-Based Mobile Health Application for Lifestyle Self-Management in Individuals in Chronic Illnesses* In 38th Annual International Conference of the Engineering in Medicine and Biology Society. 2016

Is it Effective?

An **ecological, observational study** with 21 participants managing diabetes used our interactive coach for **6 weeks**.

1. Increased exercise volume [✓]
2. Over-optimistic with self-assessment [X] [✓]
3. Personalized goals + collaborative selection led to more successful completion [✓]
4. Rate of perceived measurement scale provides informative feedback for adaptation [✓]

Independent Variables↓	(1)	(2)	(3)
	Goal Volume	Performed Exercise	Performed Exercise
Week	9.608*	12.392*	-0.487*
	(5.166)	(12.202)	(12.007)
Goal Volume			0.618***
			(0.119)
Mean Dependent Variable	601.098	392.250	392.250
	(23.138)	(24.830)	(24.830)
Random effect	✓	✓	✓
Marginal R ²	0.004	0.005	0.378
Conditional R ²	0.868	0.662	0.639

Table 2. Mixed-effect linear regression models for goal volume (column 1) and performed exercise volume (column 2). Volume is measured in MET-min/week. The numbers in parentheses are standard errors. *** p < 0.001, ** p < 0.05, * p < 0.1

Publications

1. **Shiwali Mohan**. *Exploring the Role of Common Model of Cognition in Designing Adaptive Coaching Interactions for Health Behavior Change*. (in press). In ACM Transactions on Interactive Intelligent Systems. 2020.
2. **Shiwali Mohan**, Anusha Venkatakrishnan, Andrea Hartzler. *Designing an AI Health Coach and Studying its Utility in Promoting Regular Aerobic Exercise*. In ACM Transactions on Interactive Intelligent Systems. 2020
3. Aaron Springer, Anusha Venkatakrishnan, **Shiwali Mohan**, Les Nelson, Michael Silva, Peter Pirolli. *Leveraging Self-Affirmation to Increase mHealth Behavior Change*. In Journal of Medical Information Research. 2018
4. Peter Pirolli, **Shiwali Mohan**, Anusha Venkatakrishnan, Les Nelson, Michael Silva, Aaron Springer. *Implementation Intention and Reminder Effects on Behavior Change in a Mobile Health System: A Predictive Cognitive Model*. In Journal of Medical Information Research. 2017
5. **Shiwali Mohan**, Anusha Venkatakrishnan, Michael Silva, and Peter Pirolli. *On Designing a Social Coach to Promote Regular Aerobic Exercise*. In the Proceedings of the 29th IAAI/AAAI. 2017
6. Andrea Hartzler*, Anusha Venkatakrishnan*, **Shiwali Mohan**, Paula Lozano, James D Ralston, ...,Les Nelson, Peter Pirolli. *Acceptability of a Team-Based Mobile Health Application for Lifestyle Self-Management in Individuals in Chronic Illnesses* In 38th Annual International Conference of the Engineering in Medicine and Biology Society. 2016

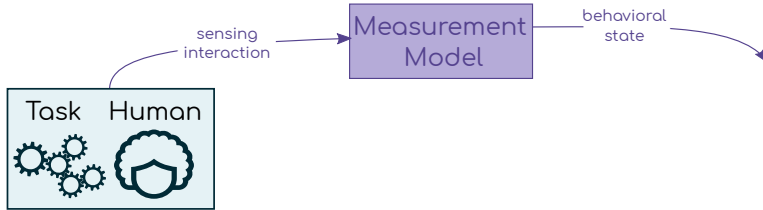
Humans of AI: A Research Agenda

Science of Collaborative Human-AI Systems

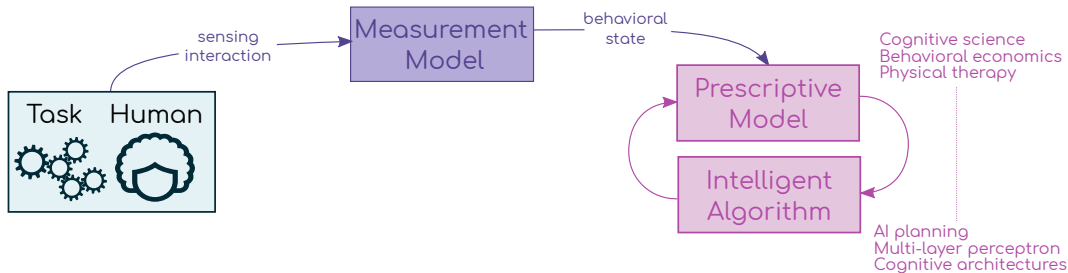
Science of Collaborative Human-AI Systems



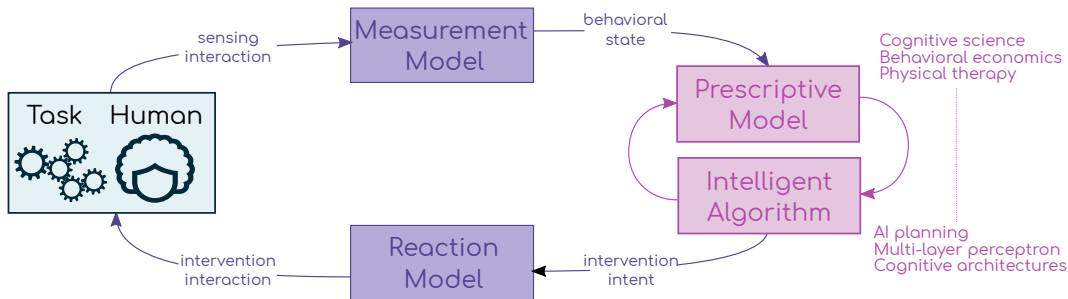
Science of Collaborative Human-AI Systems



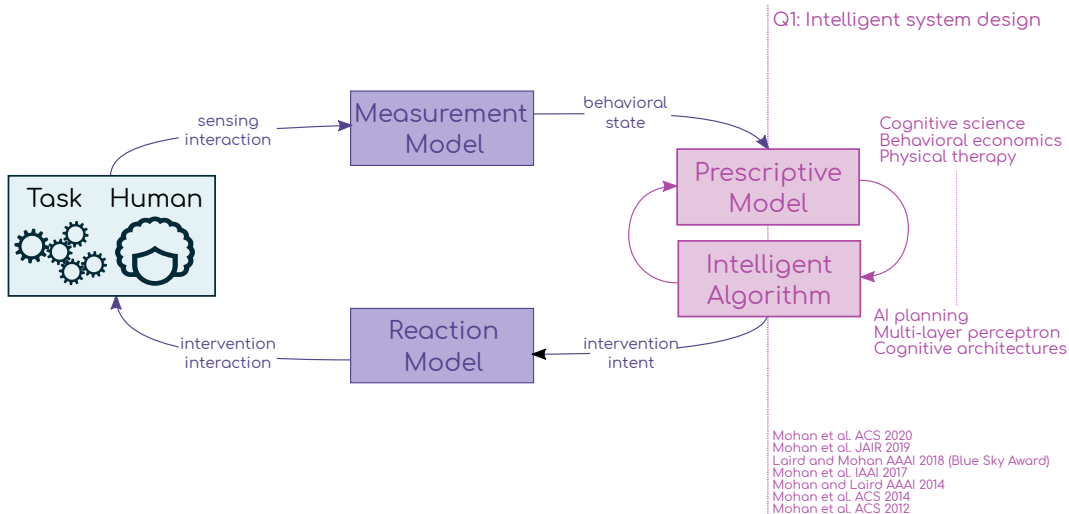
Science of Collaborative Human-AI Systems



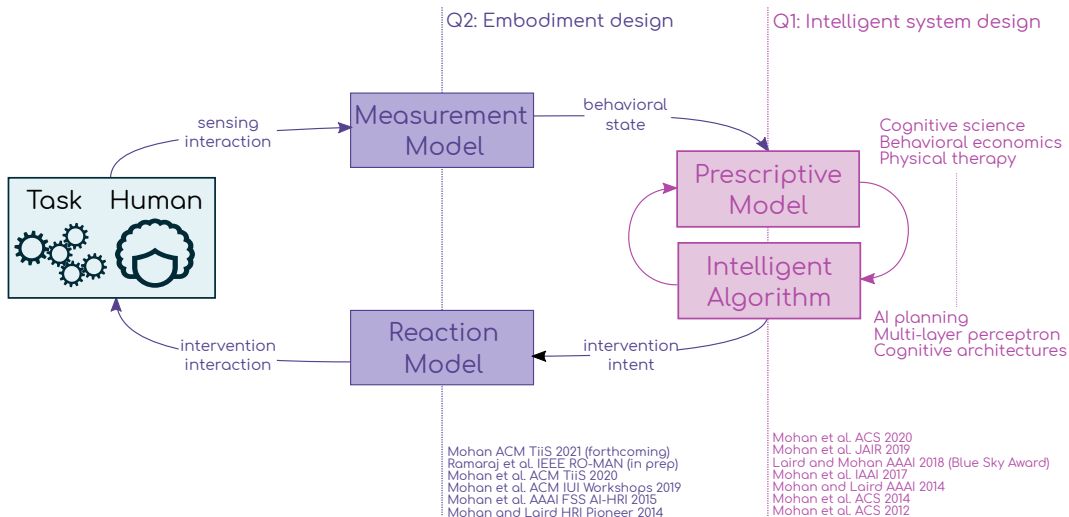
Science of Collaborative Human-AI Systems



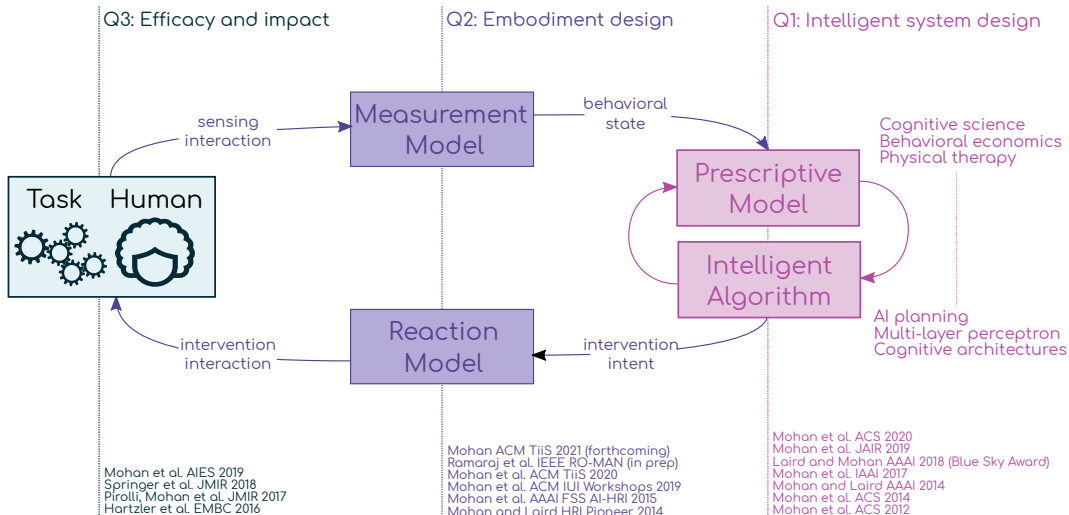
Science of Collaborative Human-AI Systems



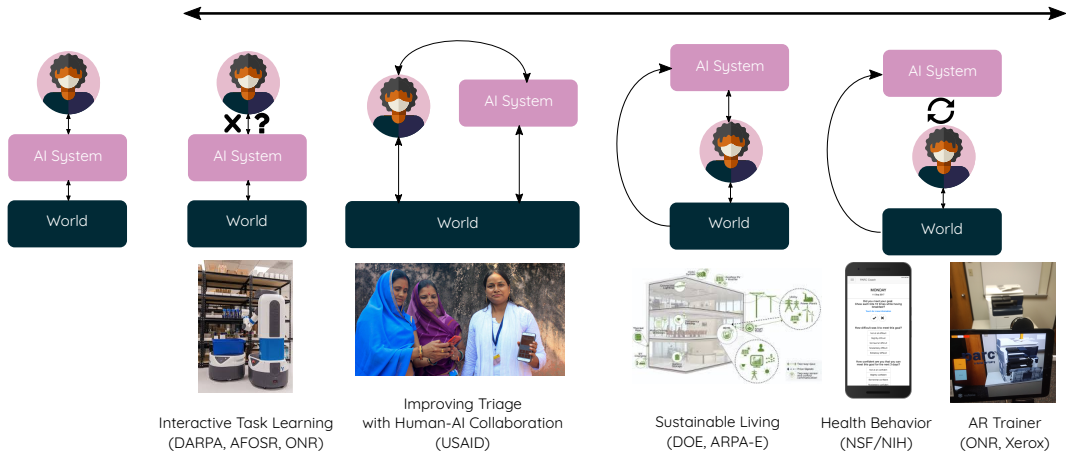
Science of Collaborative Human-AI Systems



Science of Collaborative Human-AI Systems



Impact of Collaborative Human-AI Systems



Thanks!

Colleagues:

Xerox PARC: Kalai Ramea, Matt Klenk, Victoria Bellotti, Charlie Ortiz, Matthew Shreve, Anusha Venkatakrishnan, Peter Pirolli, Aaron Ang, Kent Evans, Bob Price, Les Nelson.

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SoarTech: James Kirk, Mike van Lent

Virginia Tech: Hesham Rakha, Hoda Eldardiry

University of Washington: Andrea Hartzler, Andrea Stocco

Funders:



Collaborative Human-AI Systems

